



**Proud
to be one
in 700!**

A cleft can happen in any pregnancy

The causes of cleft are complicated, and each case is different. It can happen even with no known family history.

There's no 'quick fix'

One or more surgeries can close a cleft, but it can have a lifelong impact on speech, hearing, teeth, breathing and self-esteem.

45% of clefts are 'invisible'

A cleft palate is a gap in the roof of the mouth. You can't see a cleft palate from the outside, but it can have a big impact on speech, feeding and hearing.

One in 700 babies is born with a cleft

That's three every day in the UK! A cleft lip is one or two gaps in the upper lip. A cleft palate is a gap in the roof of the mouth.

Get #CleftAware and learn more about Cleft Lip and Palate Association on www.clapa.com



CLAPA 
Cleft Lip & Palate Association

 www.clapa.com
 info@clapa.com
   [@clapacommunity](https://www.instagram.com/clapacommunity)

Registered Charity in England and Wales (No. 1108160) and Scotland (SC041034)