Help & Advice

Shortly after birth, all babies with a cleft will have a feeding assessment by a Clinical Nurse Specialist ('Cleft Nurse') from their regional NHS Cleft Team.

The Cleft Nurse will tell you what kind of bottles and teats your baby needs. Please speak to your nurse first if you have any

questions or concerns about feeding your baby or using these bottles and teats.

The Cleft Lip and Palate Association (CLAPA) is a small national charity working to improve the lives of people affected by cleft across the UK. We are not part of the NHS, but work closely with Cleft Teams to support parents, carers and patients.

CLAPA is a Registered Charity England & Wales (1108160) and Scotland (SC041034)











Frankie (front cover)

at 3 years old

MY CLEFT TEAM:
MY CLEFT NURSE:
CONTACT NUMBER:
RECOMMENDED BOTTLES:
RECOMMENDED TEATS:

HOW TO ORDER

Visit www.clapa.com/shop to place an order on our website, or call the CLAPA Office on 020 7833 4883 Monday-Friday 9am-5pm to order over the phone.



MAM





270ml / approx. 9oz

A large, standard-necked bottle which can be gently squeezed to express milk into a baby's mouth. Teats are not included.

£5.00 each

T25 MAM Vented Newborn Teats (size 1)

T26 MAM Vented All Ages Teats (size 2)

T27 MAM Non-Vented Teats (size 2)

Orthodontic teats for use with MAM soft bottles. Vented teats have a small slit on the side to help eliminate extra air during feeding. Teats are made of soft latex and will swell up with use. They must be replaced every 3-6 weeks.

£3.50 for 2 teats

Dr Brown's



Bottle & Teat Pack Small (4oz/120ml)

Bottle & Teat Pack Large (8oz/235ml)

Packs include 2 x bottles (4 or 8 US oz), 2 x Level 1 Teats, 2 x Level 2 Teats, 2 x feeding valves, and 1 x cleaning brush. Dr Brown's Speciality Feeding System uses a valve to let babies control the flow of milk.

£25.00 each

Preemie Teats

Level 3 Teats

Level 1 Teats

Level 4 Teats

Level 2 Teats

Made of super-soft, high-grade silicone. Supplied in a 2-pack.

£5.00 for 2 teats

DBS Microwave Sterilising Bags

20 uses per bag, instructions included.

£8.00 for box of 5

Other Bottles & Teats



T28 NUK Large Teat

£4.00 each

A very large, flat-headed teat supplied without a hole. This teat is only recommended for certain babies and must be used carefully. Please DO NOT order unless explicitly advised to do so by your Cleft Nurse.



T31 Softplas Scoop

£2.00 each

Standard size, fits to MAM bottles the same way as a teat.

Welcome Packs

CLAPA can provide one free 'Welcome Pack' of bottles and teats per baby. You can order your Welcome Pack by calling 020 7833 4883 or emailing info@clapa.com.

Not sure what you need? Ask your Cleft Nurse Specialist. CLAPA Staff are not medically trained and cannot give feeding advice.

Postage

UK Families: Royal Mail First Class

1-5 Working Days

Orders Under £25.00: £4.00

Orders Over £25.00: Paid by CLAPA

CLAPA is a small charity working to support thousands of families across the UK. If your order is over £25 but you'd still like to pay postage, please let us know when placing your order. This will help us keep postage free for other families in need.

Please check with your local sorting office before contacting CLAPA about a missing order, as you may not always get a card about a missed delivery.

ROI Families

3-5 Working Days

Royal Mail First Class International: £5.00 Tracked & Signed £15.00

International Families

3-14 Working Days

Tracked & Signed within Europe: £15.00 Rest of World: £30.00

NHS Trusts & Other Large Orders

3-14 Working Days

Visit www.clapa.com/shop to download a price sheet with more information on postage and packing costs, T&Cs and more.

