

# South London and Surrey Branch Summer 2015 Newsletter

Welcome to the CLAPA South London and Surrey branch newsletter Summer 2015. This is your opportunity to find out what has been and is happening within your branch.

We're here to support you, so don't hesitate to get in touch via our Facebook page, <https://www.facebook.com/SLASBCLAPA>, or via email on [slasbclapa@yahoo.co.uk](mailto:slasbclapa@yahoo.co.uk), whether you have a question, want to let us know about your fundraising and experiences or have an event you'd like to see. We're all ears!

## New Faces

### Cherry LeRoy - Regional Coordinator



Cherry joined CLAPA in June 2015 and is the Regional Co-ordinator for the South East of England.

She is responsible for supporting families, adults and volunteers in the region affected by cleft, to liaise with cleft teams to ensure families receive the best support. Cherry has a background working with children and families and is looking forward to meeting you all.

### Carly Brims - Chair



Carly's first child Felix was born with bilateral cleft lip and palate in 2014 and they became involved with CLAPA shortly after.

Having helped organise the Hyde and Seek event earlier in the year, Carly felt she'd like to be involved with CLAPA and its work on a more long-term basis and joined the committee in June this year.

## Upcoming Branch Events

There's a busy time ahead for CLAPA South London and Surrey, so you may want to get some of the below dates in your diary now!

### Saturday 3rd October

#### Family Fun Day at the Look Out, Bracknell

A regional fun day for all CLAPA families across the South East of England, held at the Look Out Discovery Centre, a science and adventure park in Bracknell.

This event has proved extremely popular and is now sold out, but if you would like to be added to the waiting list please contact [cherry.leroy@clapa.com](mailto:cherry.leroy@clapa.com).

### Saturday 21st November

#### CLAPA Conference- My Cleft, My Voice.

This year's event will look at what motivates people to become an advocate for their own (or their child's) care, and how this involvement can benefit them in unexpected ways. Tickets can be booked via [www.clapa.com](http://www.clapa.com).

### Saturday 28th November

#### South London and Surrey Christmas Party

The annual Christmas party is back and better than ever. Join us for games, drinks and the traditional Christmas buffet, plus a visit from the big man in red himself - Santa!

Don't forget to check our Facebook page and the CLAPA emails for details nearer the time.



# SLASB Fundraising Jan-Aug 2015

This year, SLASB members have climbed, run, walked, hunted, shopped and sold in support of CLAPA. Here are some of the highlights!

## Fish and Chip Quiz Night

On Friday May 15th, SLASB held their first Fish and Chip Quiz night, with branch members and friends pitting their wits against each other to raise funds and win the tournament. The evening raised a very smart £660, with big thanks to everyone who attended!

## Three Peaks Challenge

On the 11th and 12th July, our brave treasurer Andy Keaney took part in the Three Peaks Challenge. Ten teachers and support staff from Surbiton High completed the challenge during which they raced to climb Ben Nevis, Scafell Pike and Snowdon in under 24 hours.

So far the team have raised an impressive £1,417.50, to be split between CLAPA and Parkinson's UK. If you would like to add to this total, they are still accepting sponsorship on their Virgin Money Giving page - just search for Andy Keaney.

## Waitrose Green Tokens

Claire Scargill arranged for Waitrose Surbiton to have CLAPA South London and Surrey as one of its 'Community Matters' charities in June. We had a stream of happy shoppers voting for us through the month and will receive a share of £1000. Thank you to everyone who voted!

## Lavender Bag Sale

On 22nd August, the Stanwell WI were treated to a lavender bag sale at their annual garden party. The sale was organised by Mary Jeffery, with the bags made and sold by her grandchildren Kayden, Alice and Freya Jeffery alongside their cousins Becky and Emily



Warman and their Auntie Gil. Their brilliant family efforts raised £80 for CLAPA!

## And with CLAPA National....

### Hyde and Seek

For Awareness Week, branch members took part in the sponsored walk Hyde and Seek through Hyde Park. To fit in with this year's Awareness Week theme of Speech and Language, the event was themed around Children's Literature, with the 124 participants dressing as their favourite character from Peter Rabbit and Paddington Bear to Harry Potter. There was also a treasure hunt on the theme to complete along the route. Overall, the event raised £7,000 - a fantastic total!



### Vitality 10k run

On July 12th 28 hardy runners, including several SLASB members, took part in the Vitality 10k run through the centre of London. They were cheered on by a large CLAPA Group who practically took over Parliament Square! Between them, the CLAPA runners have so far raised £7,400 and rising. Congratulations to everyone who took part - either running or cheering!



## How about you?

We know that many of our branch members are keen fundraisers and we want to use future newsletters to celebrate the efforts of all of you.

So if you, your family, your friends or your pets have been doing something for CLAPA, let us know at [slasbclapa@yahoo.co.uk](mailto:slasbclapa@yahoo.co.uk) and we'll shout about it in our next newsletter.